# Diving Deeper into Discipleship

**February 21, 2021 | Pastor Pete Fowler**

*On the Altar: Floodwaters*

## Sermon Reflection Questions:

- Are you struggling to wait on the Lord? Don't give in to despair! Ask God to remind you of his promises.
- Is worship an instinctive impulse for you? What is something you can do daily to begin building a pattern of obedience?
- Rejoice that God takes pleasure in our worship, our sacrifice and our obedience! Ask God to reveal to you a unique opportunity to sacrifice/worship/obey this week.

## Devotional Reading and Reflection

- **Psalm 40** | How can the words of this psalm help us if we are in a season of "waiting" on the Lord?
- **Matthew 5:21-24** | As important and valuable as worship is, what does this passage teach us about the relationship between our "vertical" worship and our "horizontal" relationships?
- **2 Corinthians 2:14-17** | Why do you think Paul considers our being the "aroma of Christ" in the world to be such a challenging task?

## Self-Care Discipline

**February Discipline: Solitude & Silence**

Day of Listening (*Celebration of Discipline p.106*)

- The discipline of silence and solitude are interwoven into the DNA of a Christian person. We rely on them like one relies on food or water. Perhaps this is why so many folks feel spiritually malnourished or dehydrated because they are not opening themselves up to silence and solitude. Solitude is not simply the absence of noise but the absence of distraction. Whenever we are able to sit and rest in the presence of God, our eyes are opened in ways that we wouldn't have imagined before.
- If you are really feeling that your life is overwhelmed with noise, try spending a day, or even just several hours, without words (as much as you can). You will realize how much we rely on communication. If you want to take it a step further, keep your phone off for whatever duration of time you determine and even avoid texting and social media. Do this not as a law, but as an experiment. Note your feelings of helplessness and excessive dependence upon how much you communicate. Enjoy and savor the day. Ask God to teach you during this time of rest. Learn what you can about God and yourself during this time.

## Notes