

# Sermon Notes



**“Calling All Disciples”**  
September 9th, 2018

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While we deeply value our time on Sunday mornings, we recognize that unless we are spending intentional time with God and others throughout the week, we are not living out our full potential as disciples. This sheet aims to provide you with enough content connected to the central themes of the sermon to be engaged beyond Sundays. We believe a disciple of Jesus is one who is individually, communally, sacrificially, and missionally engaged in his or her faith. If you need assistance in getting plugged into a group or have further questions about the discipleship process, please reach out to our Discipleship Pastor, Mike Barnes or Pastor Pete.

## Reflection Questions (please use these individually or in groups)

### Sermon Questions:

- 1.If you aren't regularly spending some time daily at the Inner Table, from which of your existing daily activities and habits are you willing to take just 10 minutes? If you do regularly spend time at the Inner Table, what kind of new practice might you try?
- 2.Do you have a Common Table group? If so, thank them for their investment and influence in your life! If not, think and pray about what kind of Common Table is right for you.
- 3.How important to you is our weekly worship time? How are you serving the local Body here at First Friends with your time, talent and gifts?
- 4.Where is your "mission field" that is outside of your home and church? Where does your rhythm of life take you that you are able to love others and live a hopeful life in front of them?

### Additional Questions:

- 5.In what ways are you simply a "believer" and not a "follower?" What is holding you back?
- 6.We must not only "attend church" but attend to our faith as a whole. This is the process of discipleship. What are 1-2 areas you need to focus your attention on?
- 7.We're all disciples to one thing or another in this world. To be a disciple of Jesus is to FOLLOW, LEARN, & LOVE. How does this look different from being a disciple of other people or platforms?

## Devotional Reading & Inward Reflection

- **Mark 1:16-20 & Matt 16:21-28** | What does "fishing for people" and "taking up our crosses" look like for us today in Salem, OH?
- **John 13:31-38** | If someone looked at my life right now, from an outsider perspective, would they know that I am a disciple based on my love?
- **James 2:14-26** | Is my faith leading me to an active lifestyle as a disciple? What am I being called to do as a result of my faith?
- **Hebrews 10:19-25** | Am I holding onto hope or despair? How can I encourage others into a "hopeful" faith?

## Self-Care Disciplines \*Ideas from Richard Foster's *Celebration of Discipline\** September Discipline: Meditation | *meditatio Scripturarum*

*Meditatio Scripturarum*, or meditation of Scripture, is the central reference point by which all other forms of meditation are kept in proper perspective. The meditation of Scripture centers on internalizing and personalizing the passage. The living Word becomes a living word addressed to you. This is not a time for technical studies, or analysis, or even the gathering of material to share with others. Set aside all tendencies toward arrogance and with a humble heart receive the word addressed to you. It is important to resist the temptation to pass over many passages superficially. Our rushing reflects our internal state and our internal state is what needs to be transformed. Spend time this week with Psalm 23. Read it slowly and deeply. Drink it in. Allow the words to penetrate your heart. What you may find is as little as one word is there to impact you. Read through it as many times or days as you desire this week. But each time you come back to the text, there may be something new for you that God is whispering.