

# Sermon Notes



**“Mission Table”**  
October 7th, 2018

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While we deeply value our time on Sunday mornings, we recognize that unless we are spending intentional time with God and others throughout the week, we are not living out our full potential as disciples. This sheet aims to provide you with enough content connected to the central themes of the sermon to be engaged beyond Sundays. We believe a disciple of Jesus is one who is individually, communally, sacrificially, and missionally engaged in his or her faith. If you need assistance in getting plugged into a group or have further questions about the discipleship process, please reach out to our Discipleship Pastor, Mike Barnes or Pastor Pete.

## Reflection Questions (please use these individually or in groups)

### Sermon Questions:

1. In what ways have you “professionalized” or “romanticized” the missional part of discipleship? Do you see mission as a special task for only select Christians? Will you joyfully accept the roles of planting or watering?
2. Have you withheld your contribution of salt and light to the world? Where in your daily/weekly rhythm of life can you think more intentionally about being a preserving, seasoning, illuminating, inviting presence?
3. Would someone who knows you well describe you as a “hopeful” person? Why or why not? How might a biblical sense of hope move more to the center of your life?

### Additional Questions:

4. We live in a culture where sometimes we worship authority. In what ways are you looking elsewhere for authority instead of Jesus? Celebrities, news personalities, politicians, athletes, etc.
5. Are you okay with engaging in mission without possibly ever seeing measurable results? Have we turned evangelism into a “quick pitch mentality” that then loses the aspect of relationship?

## Devotional Reading & Inward Reflection

- **Matthew 28:1-20** | When we submit our lives to Christ, we automatically become missionaries. Though this looks different for each of, think of the ways you can live out a missional lifestyle.
- **Matthew 5:13-16** | Jesus explains that we are crucially important (salt) *and* we have a message of hope (light). Does Jesus’ message of your importance give you hope?
- **1 Peter 2:11-21** | In what ways are you letting your life speak for the hope that you have? Are you always seeking to be kind and gracious towards others? Do you lean towards empathy rather than judgment?
- **1 Peter 3:13-22** | How might you follow the pattern of Jesus in doing right even when it is costly? How is your belief in Christ being transformed into action?

## Self-Care Disciplines \*Excerpts from Mary Kate Morse’s *A Guidebook to Prayer\** October Discipline: Prayer | *Lectio Divina* (p.131)

Scripture prayer, or *lectio divina*, is a form of prayer that guides us through a particular passage of scripture. It invites us to listen to the living Word for perspective and teaching as we reflect on the written word. It requires a rhythm of spoken word and silence for reflection. Below are some steps that should help guide you in this process. While any passage can work, we are going to focus on the parable of the Salt and Light this week (Matthew 5:13-16). *Note: parables work great for this exercise.*

1. *Reading God’s Word* (Lectio): Read aloud the passage slowly two times. Try your best to focus on the hearing of the word rather than the reading. Listen for a word or phrase that is highlighted for you. Sit in silence for a couple of minutes.
2. *Reflecting on God’s Word* (Meditatio): Read the passage again. During the silence reflect on how the passage speaks to your life today.
3. *Responding to God’s Word* (Oratio): Read the passage again. During the few moments of silence, consider how God is calling you to respond. Pray and tell Jesus your intended response to what you’ve heard. It might be praise, some action, something to think about more and so on.
4. *Resting in God* (Contemplatio): Read the passage a final time. Rest in the words in silence for a few minutes. Close with your own prayer.